

Additional Scapular Information

Suggestions on how to wear Scapulars comfortably

1. Tie a knot above the back square to help it hang below neckline.
2. Attach 2 medals like Miraculous, St. Benedicts, or other Saint Medal to the front to give it weight keeping it down. This helps hold the scapular in place very well.
3. Try best to wear under clothing as a sign of humility & private reminder.



Some Scapular FAQs

Q. How should the Scapular be worn?

A. The Scapular must be worn over the shoulders in such a manner that one part hangs in front of the body and the other in back. Worn in any other way, it carries no indulgence or promise. It is not necessary to wear the Scapular next to the skin. Many Catholics may not know it is the wish of the Holy Father that the Scapular Medal should not be worn in place of the cloth Scapular without sufficient reason. Mary cannot be pleased with anyone who substitutes the medal out of vanity, or out of fear of making an open profession of faith. The medal has never been noted for any of the miraculous preservations attributed to the brown cloth Scapular. ("Garment of Grace" Imprimatur: Most Rev. Timothy Harrington, March 9, 1990)

Q. What should be done with the Scapular when it is worn out?

A. The Scapular, being a sacred object, when it becomes worn out must be either buried or burned. It should not be disposed of in the regular garbage.

Q. After being enrolled, do subsequent Scapulars need to be blessed?

A. No, subsequent Scapulars need not be blessed as the blessing and imposition are attached to the wearer for life.